



CONNECTIONS
ACADEMY®
by Pearson

Testing Day Tips

State Testing

Testing Day Tips

Before the test:

1. **Sleep Well:** Ensure you get a good night's sleep.
2. **Healthy Meal:** Eat a nutritious meal before the test.
3. **Comfortable Attire:** Wear comfortable clothes and shoes.
4. **Address Nervousness:** If you feel nervous, talk to your parents.
5. **Early Arrival:** Arrive at the testing site with plenty of time to check-in to avoid feeling rushed.
6. **Bring a Book:** Have a book to read when you finish testing.
 - a. Note: Confirm you are permitted to bring a book with your teacher.
7. **Stay Calm and Confident:** Relax and be confident!

During the test:

1. **Manage Nervousness:** Focus on your breathing to relax. Stay positive and push negative thoughts away. Repeat these steps if you feel frustrated or anxious.
2. **Follow Directions:** Pay close attention to test instructions.
3. **Read Carefully:** Look for key words and read the entire question thoroughly.
4. **Evaluate Answers:** Read all the answers before selecting one.
5. **Eliminate Wrong Choices:** If unsure, eliminate answers you know are incorrect to narrow down your options.
6. **Trust Your Instincts:** Your first answer is usually correct. Only change it if you are certain it's wrong.
7. **Mark Answers Clearly:** Mark answers carefully. If you erase, do so completely.
8. **Skip and Return:** If stuck on a question, move on and return to it later. Other questions might help jog your memory.
9. **Be Considerate:** Maintain silence to avoid disturbing others.
10. **Review Your Work:** Use any leftover time to review your answers. Check for mistakes or skipped questions and ensure you've understood everything correctly.
11. **Request Permission to Leave:** If you need to leave the room, raise your hand and wait to be excused.

Test day information:

1. **Sign-In Procedure:** Students must be signed in by an approved guardian, who should be prepared to show a government-issued ID, such as a driver's license.
2. **Water Bottles:** Water bottles with lids are permitted and must be kept on the floor near your seat. No other drinks are allowed.
3. **Electronics:** Electronics are not permitted in the testing room. If it has an on-off switch, leave it with your parents.
4. **Testing Duration:** Testing sessions will likely last about 2 hours. Students can have additional time if needed.
5. **End of Session:** At the end of 2 hours, students who are finished will be escorted to the door, and parents will sign them out. No student will be allowed to leave the testing area unless accompanied by an approved guardian.
6. **Test Directions:** Pay close attention to test directions.